

Alternatives to Mixtard[®] 30: Windsor algorithm

Diabetes specialist nurses (DSNs) have expertise in insulin management through constant contact with people with the condition at every stage of their diabetes journey.

In response to some of the concerns that have been raised because of the upcoming discontinuation of Mixtard[®] 30, we saw the need to assist our colleagues in primary care to manage this change. The algorithm shown below, which is based on clinical experience, was produced by our DSN team at King Edward VII Hospital, Windsor. The consultant diabetologists reviewed

and commented on the tool and we shared it with the multidisciplinary team.

The whole diabetes specialist team are keen to share this experience and knowledge of insulin management with colleagues in primary care to ensure the best possible care for people with diabetes.

We believe it is suitable for use by GPs and practice nurses to review individuals appropriately, based on their clinical needs and lifestyle. We hope it will be seen as a clear pathway, showing options available when replacing Mixtard[®] 30. ■

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