

Free E-learning Module

Glucose monitoring

Do you know:

- The evidence for and against routine self-monitoring of blood glucose (SMBG)?
- How the recommendations from NICE, SIGN and Diabetes UK regarding blood glucose monitoring (BGM) differ?
- What is best practice and when to encourage people with diabetes to monitor?
- How pregnant women should use SMBG to assist them in maintaining tight control?
- What our responsibilities are regarding encouraging SMBG?
- What guidance the DVLA offers regarding SMBG and driving?
- What to consider when helping someone with diabetes choose a blood glucose meter?
- What are the differences between fingertip glucose testing and continuous BGM/Flash glucose meter use? What our role in primary care in relation to these testing methods?
- What are the risks of inadequate BGM and how can we help people with diabetes avoid them?
- What HbA_{1c} measures and when it is not appropriate or accurate to use it?
- The relative contribution of fasting and post-prandial glucose at different HbA_{1c} levels?
- Target levels of fasting and post-prandial blood glucose?

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Developed by

PCDS
Primary Care Diabetes Society

Address the challenges that you face in primary care

Even if you are able to answer all of these questions, the *Glucose monitoring* module will give you and your team an opportunity to apply your knowledge to a series of common case scenarios.

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your skills
with free
CPD

Unsure of anything? Get the answers in our CPD module:
<http://bit.ly/glucose-monitoring-cpd>

The module takes up to 60 minutes to complete. You can stop and start as often as you like while working through the module and your work will be saved. When you complete the module, take the assessment and download your certificate into your appraisal folder.