

Free E-learning Module

Pre-conception, pregnancy and postnatal advice

Address the challenges you face in primary care

As a healthcare professional involved in the care of women of childbearing age who have diabetes, can you (and your colleagues) confidently say:

- Which contraception is safe to use in women with diabetes?
- What glycaemic targets are appropriate for women with diabetes planning to become pregnant?
- What other advice is needed for women with diabetes planning pregnancy and what drugs need to be stopped pre-conception?
- What the risks are to mother and baby during pregnancies complicated by diabetes?
- If women should have retinopathy and renal screening more frequently when pregnant or planning pregnancy?
- What additional care is needed during a pregnancy complicated by diabetes? Does this differ between type 1, type 2 or gestational diabetes?
- Who is at risk of gestational diabetes and how is it diagnosed and managed?

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CHALLENGES

1. Increasing numbers of women with type 1 diabetes are not attending secondary care
2. Increasing numbers of women of childbearing age have type 2 diabetes
3. There is an increasing range of newer type 2 diabetes therapies that are contraindicated for use in pregnancy

Brush up
your skills
with free
CPD

Unsure of anything? Get the answers in our CPD module:
<http://bit.ly/pregnancy-cpd>

The module takes up to 30 minutes to complete. You can stop and start as often as you like while working through the module and your work will be saved. When you complete the module, take the assessment and download your certificate into your appraisal folder.