



# PCDS Entry-Level Module Series

## Smoking cessation



AstraZeneca has, through a grant, fully funded all costs for the technical development and hosting of the modules. AstraZeneca has had no influence on the content of the modules and full editorial control remains the sole responsibility of the Primary Care Diabetes Society.

**PCDS**

Primary Care Diabetes Society

# Assessment answers

# Question 1

How many people die from smoking and smoking related diseases every year in the UK?

- a) 64,000
- b) 72,000**
- c) 78,000
- d) 84,000

## Question 2

True or false?

Smoking cigarettes makes the walls of the arteries sticky from the chemicals, so fatty material can stick to them

True

## Question 3

How long, after stopping smoking, does it take for the risk of a heart attack to be reduced to half that of a smoker?

- a) 9 months
- b) 1 year**
- c) 2 years
- d) 5 years

## Question 4

True or false?

Smoking increases the risk of developing type 2 diabetes

True

## Question 5

Which of the following statements is correct?

If a person with diabetes is also a smoker, what is their risk of developing complications of diabetes?

- a) The risk is increased but only by a small amount
- b) The risk is doubled**
- c) The risk is trebled
- d) There is no increased risk