



Exploring the diabetes landscape in Wales

Programme book

Leonardo Hotel, Cardiff

16 May 2024

AstraZeneca 

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This conference was developed by the PCDS in conjunction with OmniaMed Communications. The sponsoring companies have contributed financial support towards this event but have had no input into the conference agenda, speaker selection or presentations, with the exception of the symposium sessions, for which the respective sponsoring companies are fully responsible.

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Programme

Time	Session	Speaker
08.30 - 09.00	Registration, refreshments and exhibition viewing	
09.00 - 09.05	Welcome and introduction	
09.05 - 09.50	Lilly Sponsored Symposium This is a promotional symposium slot organised and funded by Lilly. Lilly products will be discussed. This is intended for GB HCPs only. PP-TR-GB-0394 May 2024	Professor Steve Bain Chair: Dr. Nicola Mogford
09.50 - 10.30	Diabetes in Wales in 2024	Julia Platts
10.30 - 11.05	Delivering holistic care in the diabetes review	Vinod Patel
Refreshments and exhibition viewing		
11.25 - 12.00	Type 2 diabetes: Prevention and remission	Catherine Washbrook - Davies
12.00 - 12.45	Improving access to cardiorenal protection in T2DM: implementing NICE guidance This is a promotional symposium sponsored and organised by AstraZeneca, intended for GB HCPs only.	Dr Richard Chudleigh
Lunch and exhibition viewing		
13.35 - 14.20	Masterclass rotation 1	
	1. CGM	Julie Lewis
	2. Insulin in primary care	Sian Bodman
	3. Lifestyle: Practical advice for primary care	Sarah Davies
	4. Other types of diabetes	David Millar-Jones
14.20 - 14.25	Masterclass change-around	
14.25 - 15.10	Masterclass rotation 2	
Refreshments and exhibition viewing		
15.30 - 16.05	Early-onset type 2 diabetes	Panel: Pam Brown, Sarah Davies, Julie Lewis
16.05 - 16.35	Diabetes Distilled	Pam Brown
Conference close		

Biographies

CONFERENCE CHAIRS



Pam Brown
GP, Swansea

After qualifying from Edinburgh University, Pam has been a GP in Swansea for more than 40 years and throughout that time has been passionate about helping people use nutrition and lifestyle changes to prevent and manage their diabetes, obesity and chronic diseases. Building on her MSc in Nutritional Medicine she has trained in Lifestyle Medicine and participated in the RCGP GP Leadership in Obesity programme, and along with colleagues, teaches lifestyle medicine to medical students, GP registrars and other healthcare professionals. Pam jointly runs an NHS Level 2 weight management programme.

Pam develops educational materials and writes about diabetes, obesity and nutrition for primary care teams and the public. She is Editor-in-Chief of Diabetes Distilled. Pam enjoys teaching and has been involved in developing and teaching diabetes, obesity and rheumatology programmes for UK and international healthcare professionals. Currently she tutors on the University of Warwick/iHeed global Diabetes MSc programme. In her free time she grows vegetables on her allotment and plays golf around the world.



Sarah Davies
GPwSI in Diabetes

Sarah is a GP in Cardiff with a special interest in diabetes. She qualified at the University of Wales College of Medicine in 2003 and initially trained as a physician, before making the move into general practice and never looked back! She has continued her interest in diabetes and presents regularly on the subject to colleagues at local and national meetings. She is passionate about general practice, particularly great quality diabetes care in the primary care setting. She is the Clinical Director for Diabetes in primary care for Cardiff and Vale UHB and All Wales lead for diabetes in primary care. She is a Diabetes UK Clinical Champion, Primary Care Diabetes Society committee member and a presenter for NB Medical Hot Topics, leading their diabetes course.



Julie Lewis
Nurse Consultant, Primary Care Diabetes, Central Area, North Wales

Julie Lewis has worked in diabetes services since 2002, as a Researcher, a Diabetes Specialist Nurse and a Clinical Lead for Diabetes in her health board. Julie has since returned to clinical practice in her current role as a Primary Care Nurse Consultant. Julie represents Wales diabetes nursing on various national committees and is a founder member of the Welsh Academy for Nursing in Diabetes. Julie has a particular interest in healthcare professional education and holds honorary contracts for module development, teaching and peer review with Swansea and Bangor Universities and with DAFNE (Dose Adjustment for Normal Eating). Julie Lewis joined the PCDS committee in 2019.



David Millar-Jones

GP, Cwmbran

David Millar-Jones is a full-time GP in Cwmbran and has established a successful intermediate care service within the locality. He is an Associate Specialist in Diabetes and Lecturer at Cardiff Medical School. This gives him a good working knowledge of secondary care and educational needs and standards. David is also an Executive Committee Member for the Welsh Endocrine Society, whose aim is to direct the Welsh Assembly Government regarding endocrinology in Wales. David stands for good standards of care, structure, education and support within primary care in order for it to be recognised as the principal arena for the management of diabetes. He is a passionate believer in patient-focused care as the way forward in diabetes management. To enable this, he feels that the majority of care should be delivered in the patient's locality. His main work involves engagement with the diabetes community to showcase that the community setting can deliver effective and quality care with good patient satisfaction and achievement of targets. David was Chair of the PCDS between 2011 and 2018 and he remains actively involved in the implementation of the Diabetes Delivery Plan for Wales, as well as in working with political and professional bodies involved diabetes.

SPEAKERS BIOGRAPHIES



Sian Bodman

Senior Nurse for Diabetes

As an experienced Specialist Nurse in Diabetes, I am currently responsible for a team of primary and secondary care diabetes specialist nurses. I prescribe and hold a master's degree. The whole DSN team provide care to patients in both settings and education programs to improve knowledge and skills of staff within our Health Board, who currently have over 40K people diagnosed with diabetes as well as provide structured diabetes education to improve self-management skills and empower patients.



Vinod Patel

Professorial Clinical Teaching Fellow: Diabetes and Clinical Skills Warwick Medical School, University of Warwick

Vinod is Professor in Diabetes and Clinical Skills at Warwick Medical School, University of Warwick. He is Consultant Physician in Endocrinology and Diabetes, and Acute Medicine at the George Eliot Hospital NHS Trust in Nuneaton, Warwickshire. He is also the Regional Co-Clinical Director for Diabetes for NHSE.

Whilst his specialist area of research was prevention of diabetic complications, he has a passion for evidence-based diabetes care. He is jointly qualified in Hospital Medicine and General Practice and has this has allowed him to work relatively seamlessly across the primary care/secondary care interface. His Diabetes Care Team was instrumental in developing the "Alphabet Strategy" for patient-centred, evidence-based, multi-professional diabetes care.

SPEAKER BIOGRAPHIES



Julia Platts

Consultant in Diabetes and Medicine, National Clinical Lead for Diabetes in Wales, University Hospital Llandough and Cardiff University

Julia Platts graduated from St Bartholomew's Hospital, London in 1989. She undertook her Diabetes and Endocrinology speciality training in Wales and became a Consultant in Diabetes and Endocrinology in Glan Clwyd Hospital, North Wales, in 2002. During this post she developed a particular interest in diabetes in pregnancy and type 1 diabetes. In 2008 she moved to the University Hospital of Llandough, Cardiff. She has a keen interest in type 1 diabetes and developing pump services. In addition to these interests, she is keenly interested in structured education, transitional services and foot services. She works for Cardiff University, developing and lecturing for the Diabetes Diploma in the UK and overseas. She was appointed as the National Clinical Lead for Diabetes in Wales in 2014 and has responsibility for helping to deliver the National Diabetes Delivery Plan in Wales. She is also enthusiastically involved in all aspects of services for prevention, detection and management of diabetes. She believes that while COVID-19 has brought many challenges, the restoration of service phase brings opportunities for new and improved services.



Catherine Washbrook - Davies

All Wales Nutrition & Dietetic lead for Diabetes & All Wales Diabetes Prevention Programme

I have been working as a Diabetes Specialist Nurse for over 20 years. My passion lies in education to help and support people who are living with diabetes and to support people who may be caring for someone with diabetes.

My most recent achievements have been winning the Nurse of the year award for education in diabetes and NHS Wales outstanding contribution award for services in diabetes.

Improving access to cardiorenal protection in T2DM: implementing NICE guidance

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🕒 12.00 - 12.45

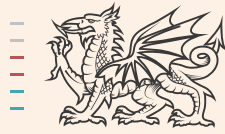
SPEAKERS



Richard Chudleigh

Consultant Diabetologist, Swansea Bay UHB

Dr Richard Chudleigh FRCP is a Consultant Physician and Diabetologist at Singleton hospital and Honorary Associate Professor at Swansea University. He trained in Diabetes & Endocrinology and completed his MD thesis on the study of kidney function in patients with Type 2 Diabetes. His main clinical interests include management of patients with type 1 diabetes, use of insulin pumps and technology, pregnancy and inpatient with diabetes. He leads the Think Glucose programme locally. He leads undergraduate and postgraduate medical education at Swansea University and since 2019, is the programme director for the diploma in medical education at University of South Wales. He's published over 50 peer reviewed publications on clinical diabetes.



15th WELSH PCDS
CONFERENCE OF THE Primary Care Diabetes Society

The following companies will be exhibiting at this event:



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Stands



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