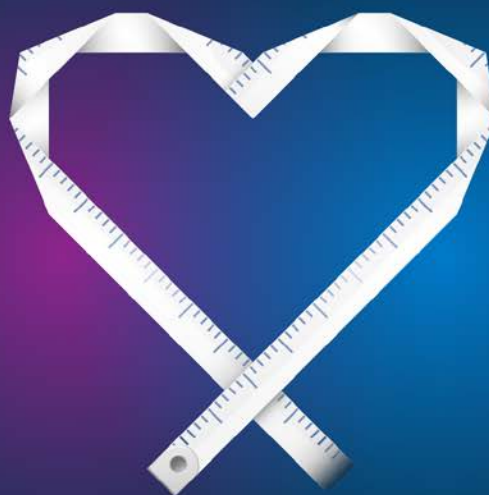


Obesity care in focus

Live webinars | June-October 2026



Resource pack



PCDO Society e-Learning modules



Module 1. Starting the conversation about weight

[Link](#)



Module 2. Assessment of obesity

[Link](#)



Module 3. Lifestyle and behavioural changes in weight management

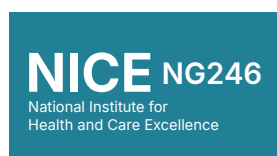
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Module 4. Pharmacological and surgical management

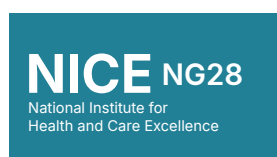
[Link](#)

NICE clinical guidelines



Overweight and obesity management (NG246)

[Link](#)



Type 2 diabetes in adults: management (NG28)

[Link](#)

This webinar series was developed by the PCDO Society in conjunction with OmniaMed Communications. The sponsoring pharmaceutical company has contributed financial support towards these webinars but has had no input into the agenda, speaker selection or presentations, with the exception of its symposium sessions, for which it is fully responsible.

Guidelines for conversations about weight and obesity



Obesity UK. Language Matters: Obesity

[Link](#)

NHS England. Language Matters: Diabetes

[Link](#)



World Obesity Federation. The do's and don'ts when talking about obesity

[Link](#)



British Dietetic Association. Eliminating weight stigma – guidelines for BDA communications

[Link](#)



Obesity Canada. Canadian adult obesity clinical practice guideline

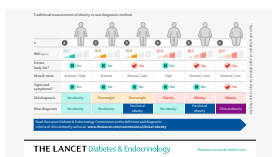
[Link](#)



Irish Coalition for People Living with Obesity. Obesity in adults: A 2022 adapted clinical practice guideline for Ireland

[Link](#)

Assessing obesity



Lancet Commission. Definition and diagnostic criteria of clinical obesity

[Link](#)



Edmonton Obesity Staging System – online calculator

[Link](#)



King's Obesity Staging System – online calculator

[Link](#)



Diabetes Distilled. Beyond BMI – a practical framework for assessing and staging obesity

[Link](#)



Avoiding stigma and bias



ADA Obesity Association. Weight stigma and bias:
Standards of care in overweight and obesity – 2025

[Link](#)



Diabetes Distilled. Weight stigma and bias
– New standards of care from the ADA

[Link](#)



Diabetes UK. Strike Out Stigma

[Link](#)



End Diabetes Stigma global campaign

[Link](#)



Journal of Diabetes Nursing. "See me, not my diabetes":
A person-centred guide to better care

[Link](#)



Treating Obesity First. Patient conversation simulator

[Link](#)

General information



Swansea Bay University Health Board.
Support and advice for people taking weight loss injections

[Link](#)