



PCDS Mental Health Hub

Diabetes and emotional wellbeing

MCQ Answers

Novo Nordisk has provided sponsorship to the PCDS to cover the costs of the development and hosting of the PCDS Mental Health Hub. The PCDS Mental Health Hub is designed to provide digestible, easy to access information through peer-led videos, linked CPD and printable HCP/patient reference sources to promote optimal care. Novo Nordisk has had no influence over the creation, development or content of these mental health e-learning modules and full control remains the full responsibility of the PCDS.

What percentage of people with severe mental illness have diabetes mellitus?

1. 7%
2. 10%
- 3. 12%**
4. 15%
5. 20%

How much more common is diabetes mellitus in severe mental illness compared to people with no mental health issues?

1. **Two times**
2. Three times
3. Four times
4. Five times

Which of the following is severe mental illness and diabetes mellitus NOT associated with ?

1. Impaired quality of life
2. Increased cost of care
3. Poor glycaemic control
4. Increased risk of diabetic ketoacidosis
- 5. Fewer reviews needed**

Severe mental illness and diabetes mellitus are linked through:

1. Insulin resistance
2. Immunity / inflammatory causes
3. Hormonal influences other than insulin
4. Genetic predisposition

Screening for both cardiovascular risk and diabetes should be considered for all with severe mental illness

1. True
2. False

Management of diabetes mellitus should be less aggressive and targets of treatment should be higher

1. True
2. False