

What's hot in diabetes nursing?

October 2025

Too busy to keep up to date with the latest developments relating to diabetes nursing? In this regular feature, we carefully select the best resources, publications and research for all nurses with an interest in diabetes. Follow the links to access the full materials.

Medicines

Rybelsus® (oral semaglutide): risk of medication error	Direct Healthcare Professional Communication from manufacturer. Risk of medication error due to introduction of new formulation with increased bioavailability. (Source: Novo Nordisk)	
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Learning and events

ABCD DTN-UK Meeting 2025 and ABCD Conference 2025	For HCPs interested in the latest advances in diabetes technology. Followed by the annual ABCD conference. (Newcastle, 6 and 7 November). (Source: Association of British Clinical Diabetologists)	
Advancing equity in diabetes care for Black populations	In-person networking, expert-led sessions and learning for healthcare professionals and others (London, 26 November). (Source: Diabetes Africa)	
Diabetes in Pregnancy UK Conference 2025	One-day programme and registration now available (online, Tues. 11 November). (Source: Diabetes UK)	
Diabetes UK Professional Conference 2026	Register your interest in next year's conference in Liverpool (22–24 April). (Source: Diabetes UK)	
World Diabetes Day	Get involved in raising awareness of the challenges of diabetes and prioritising well-being in the workplace. (Source: International Diabetes Federation)	

Guidelines, reports and position statements

Type 2 diabetes in adults: management (medicines update)	New draft guidance made available by NICE for consultation. (Source: NICE)	
Tackling Diabetes Stigma: position statement	Includes evidence-based recommendations to tackle negative attitudes and beliefs. (Source: Diabetes UK)	
Health trends and variation in England 2025: a CMO report	An overview of the health of England's population. (Source: Department of Health and Social Care)	

Journals: Quick reads

Contraceptive considerations in people with type 2 diabetes	What to consider when discussing contraception with women living with type 2 diabetes. [Open access] (Source: <i>Diabetes & Primary Care</i>)	
Framework for the pharmacological treatment of obesity and its complications from the EASO	Overview of the present situation. Includes a treatment algorithm for individuals with obesity. [Open access] (Source: <i>Nature Medicine</i>)	
Coded and uncoded chronic kidney disease: an explainer	The pitfalls of coding ambiguities and their impact on patient outcomes. [Open access] (Source: <i>British Journal of General Practice</i>)	

Journals: Articles

Impact of baseline GLP-1 RA use on albuminuria reduction and safety with simultaneous initiation of finerenone and empagliflozin in type 2 diabetes and CKD	CONFIDENCE trial results support the benefits of combination therapy with finerenone and SGLT2is, regardless of baseline GLP-1 RA use. [Open access] (Source: <i>Diabetes Care</i>)	
Real-world titration, persistence and weight loss of semaglutide and tirzepatide in an academic obesity clinic	Difficulties optimising doses persist even in specialised settings. [Open access] (Source: <i>Diabetes, Obesity and Metabolism</i>)	
Glucagon-like peptide-1 receptor agonists and type 1 diabetes: a potential game changer?	Review of the potential benefits of GLP-1 RAs in type 1 diabetes. [Open access] (Source: <i>Frontiers in Endocrinology</i>)	
From surviving to thriving: How sleep, physical activity, and diet shape well-being in young adults	Study underscores the importance of the “big three” health behaviours in well-being among young adults. [Open access] (Source: <i>PLoS One</i>)	
Plant-based dietary patterns and age-specific risk of multimorbidity of cancer and cardiometabolic diseases: a prospective analysis	A healthy plant-based diet may reduce disease burden in middle-aged and older adults. [Open access] (Source: <i>The Lancet Healthy Longevity</i>)	
Glycaemic control in women with type 1 diabetes and preeclampsia risk: a nationwide cohort study	Poorer peri-conceptual glycaemic control increases preeclampsia risk. [Open access] (Source: <i>BJOG</i>)	
Prescription distribution and inequities in diabetes care: A comparative analysis of CGM access by diabetes status, ethnicity and socio-economic factors in England	Significant CGM prescribing disparities exist, with Afro-Caribbean and South Asian populations receiving fewer prescriptions. [Open access] (Source: <i>Diabetic Medicine</i>)	

Journals: Articles (cont'd)

Global inequities in diabetes technology and insulin access and glycemic outcomes	Stark disparities underscore the urgent need for collective action. [Open access] (Source: <i>JAMA Network Open</i>)	
Global, regional, and national cascades of diabetes care, 2000–23: a systematic review and modelling analysis using findings from the Global Burden of Disease Study	Underdiagnosis and suboptimal glycaemic management remain major challenges globally. (Source: <i>The Lancet Diabetes & Endocrinology</i>)	
Dapagliflozin in patients hospitalized for heart failure: Primary results of the DAPA ACT HF-TIMI 68 randomized clinical trial and meta-analysis of SGLT-2 inhibitors in patients hospitalized for heart failure	The effects of in-hospital initiation of dapagliflozin on cardiovascular death or heart failure worsening. [Open access] (Source: <i>Circulation</i>)	
Risk differences and underlying factors of cardiovascular events and mortality in patients with type 2 diabetes versus type 1 diabetes	Insights from a longitudinal cohort study of Swedish nationwide register data. (Source: <i>The Lancet Diabetes & Endocrinology</i>)	

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