

What's hot in diabetes nursing?

August 2025

Too busy to keep up to date with the latest developments relating to diabetes nursing? In this regular feature, we carefully select the best resources, publications and research for all nurses with an interest in diabetes. Follow the links to access the full materials.

Medicines

Dapagliflozin for treating chronic kidney disease	Evidence-based recommendations from NICE TA1075. (Source: NICE)	↗
Medicine Supply Notification	Discontinuation of Novo Nordisk insulin products (NovoRapid FlexTouch, Insulatard Penfill and all Levemir presentations). Also, guidance from ABCD and PCDO Society on managing the Levemir discontinuation to include appropriately selecting and safely prescribing alternative insulin therapy. (Source: Department of Health & Social Care)	↗ ↗
Medicine Supply Notification	Discontinued Humulin and Humalog products and alternative presentations.	↗
Medicine Supply Notification	Discontinued Hypurin products and alternative presentations.	↗

Learning and events

Introduction to continuous glucose monitoring for secondary care healthcare professionals	Free evening webinar for members and non-members (Thurs. 11 September). (Source: Royal College of Nursing)	↗
GIRFT Community and District Nurse Insulin Programme (CADNIP)	Free webinar on GIRFT's programme to support people to receive their prescribed insulin at the right time, in the right amount and in the right way. (1:00–1:45 pm, 24 September) (Source: NHS England)	↗
Diabetes UK Professional Conference 2026 – abstracts	Abstract submissions are invited for next year's conference. (Source: Diabetes UK)	↗





Public health

Hypo Awareness Week 2025	Promoting discussion of hypoglycaemia in hospitals and primary care settings (6–12 October). (Source: Hypo Awareness Week)	↗
Tackling Inequity Strategy	Diabetes UK's 5-year strategy to address disparities in care that affect some communities. (Source: Diabetes UK)	↗
World Diabetes Day	Get involved in raising awareness of the challenges of diabetes and prioritising well-being in the workplace. (Source: International Diabetes Federation)	↗







Journals: Articles

The Lancet Series on early-onset type 2 diabetes	Three-part series on emerging evidence on the epidemiology, pathophysiology and management of this condition. [Requires registration] (Source: <i>The Lancet</i>)	
Improving diabetes and pre-diabetes detection in the UK: Insights From HbA_{1c} screening in an acute hospital's emergency department	Routine HbA _{1c} screening , with FINDRISC scoring, successfully identifies individuals with diabetes and pre-diabetes. [Open access] (Source: <i>Diabetes Therapy</i>)	
Type 2 diabetes, prediabetes, and MASLD: who and when to screen and how to treat?	Outline of the current consensus and progress in this field. (Source: <i>The Lancet Diabetes & Endocrinology</i>)	
Intermittent fasting strategies and their effects on body weight and other cardiometabolic risk factors: systematic review and network meta-analysis of randomised clinical trials	Latest evidence on the effectiveness of different fasting strategies. [Open access] (Source: <i>BMJ</i>)	
Type 2 diabetes risk communication following a diagnosis of gestational diabetes mellitus: A qualitative study	Women desire improved risk communication and greater support to understand and reduce their type 2 diabetes risk following GDM. [Open access] (Source: <i>Diabetic Medicine</i>)	
Risk factors for development of diabetic foot ulcer disease in two large contemporary UK cohorts	Study providing an evidence base for identifying those at risk of DFUD. [Open access] (Source: <i>Diabetes, Obesity & Metabolism</i>)	
Non-autoimmune, insulin-deficient diabetes in children and young adults in Africa: evidence from the Young-Onset Diabetes in sub-Saharan Africa (YODA) cross-sectional study	Diabetes sub-type found in children and young adults in sub-Saharan Africa, and may exist in Black individuals elsewhere. [Open access] (Source: <i>The Lancet Diabetes & Endocrinology</i>)	
SARS-CoV-2 infection and new-onset type 1 diabetes in the post-acute period among children and young people in England	SARS-CoV-2 infection associated with subsequent incident type 1 diabetes in previously healthy CYP. [Open access] (Source: <i>Diabetic Medicine</i>)	
A review of the safety of sodium-glucose co-transporter-2 inhibitors	A summary of the evidence and practical advice to promote safer use. [Open access] (Source: <i>Diabetes, Obesity & Metabolism</i>)	
The use of SGLT2 inhibitors in people with diabetes-related foot disease: A Delphi-based consensus study	Consensus-based clinical recommendations on SGLT2i use in those with diabetic foot disease. [Open access] (Source: <i>Diabetes, Obesity & Metabolism</i>)	




Journals: Articles (cont'd)

Early worsening of diabetic retinopathy in individuals with type 2 diabetes treated with tirzepatide: a real-world cohort study	Real-world findings on the effects of tirzepatide on diabetic retinopathy in people with type 2 diabetes. [Open access] (Source: <i>Diabetologia</i>)	
Treating sarcopenic obesity in the era of incretin therapies: Perspectives and challenges	Latest thinking on the safe and effective use of incretins in this group. [Open access] (Source: <i>Diabetes</i>)	
Tirzepatide and muscle composition changes in people with type 2 diabetes (SURPASS-3 MRI): a post-hoc analysis of a randomised, open-label, parallel-group, phase 3 trial	Study of the potential effects of tirzepatide on muscle health. [Open access] (Source: <i>The Lancet Diabetes & Endocrinology</i>)	
Risk of thyroid tumors with GLP-1 receptor agonists: A retrospective cohort study	No significant increased risk of thyroid tumours compared with other therapies. [Open access] (Source: <i>Diabetes Care</i>)	



Journals: Quick reads

At a glance: Diabetes and dementia	The relationships between diabetes, cognitive decline and dementia, and the consequences of dementia for the management of diabetes. [Open access] (Source: <i>Diabetes & Primary Care</i>)	
Prescribing pearls: Finerenone for managing CKD in type 2 diabetes	Indications, effects and prescribing tips for this non-steroidal selective MRA. [Open access] (Source: <i>Diabetes & Primary Care</i>)	
Diabetes Distilled: Maternal diabetes associated with increased risk of neuro-development disorders in children	Risk ratios of 1.25 for autism spectrum disorder and 1.30 for ADHD observed in offspring of mothers with diabetes in pregnancy. [Open access] (Source: <i>Diabetes & Primary Care</i>)	
Diabetes Distilled: Weight loss – is it quantity or quality that matters?	Consider outcomes beyond the degree of weight loss to prioritise when discussing weight management options. [Open access] (Source: <i>Diabetes & Primary Care</i>)	
Health literacy is much more than knowing about health; it also involves the emotions experienced during illness	Addressing emotional, cognitive and social dimensions to improve diabetes care and quality of life. [Open access] (Source: <i>PLOS Digital Health</i>)	
Highlights from the 85th Scientific Sessions of the American Diabetes Association	Key presentations from a diabetes nursing perspective, including developments in the pharmaceutical realm. [Open access] (Source: <i>Journal of Diabetes Nursing</i>)	

Resources

How to approach and manage diabetes in people with dementia	Principles of care for people with diabetes and co-morbid dementia. (Source: <i>Diabetes & Primary Care</i>)	
MHRA approves licensing for teplizumab to be used in the UK	First disease-modifying therapy for type 1 diabetes licensed in the UK. (Source: Breakthrough T1D)	
<i>Oxford Handbook of Diabetes Nursing</i> (2 nd edition)	New edition providing education for the holistic and gold standard of care for all adults living with diabetes. (Source: Oxford Academic)	

Patient resources

I am taking a GLP-1 weight-loss medication – what should I know?	Diet and exercise advice for patients taking GLP-1 medications. (Source: <i>JAMA Internal Medicine</i>)	
Emotional Wellbeing	New course to help people understand the connection between their diabetes and how they feel emotionally. (Source: Diabetes UK)	

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