









# What's hot in diabetes nursing?



## November 2024

Too busy to keep up to date with the latest developments relating to diabetes nursing? In our new regular feature, we carefully select the best resources, publications and research for all nurses with an interest in diabetes. Follow the links to access the full materials.

### Resources

<b>Handbook: Diabetes footcare in dark skin tones</b>	Essential information and quick tips for healthcare professionals to improve foot care for people with dark skin living with diabetes. (Source: Diabetes Africa)	
<b>Text messages of diabetes info and support for people living with diabetes</b>	Three text message templates for those: newly diagnosed with type 2 diabetes; considering remission of type 2 diabetes; or at risk of developing type 2 diabetes. (Source: Diabetes UK)	
<b>At risk of diabetes</b>	Leaflet for people at risk of developing type 2 diabetes. (Source: Trend Diabetes)	
<b>Planning for a baby when you have diabetes</b>	Leaflet for all women of child-bearing potential with diabetes. (Source: Trend Diabetes)	
<b>How to follow up gestational diabetes</b>	The crucial steps to screen for and prevent future diabetes and cardiovascular disease, in women who develop gestational diabetes. (Source: <i>Diabetes &amp; Primary Care</i> )	
<b>Early onset type 2 diabetes</b>	Online course for healthcare professionals working with people aged under 40 years. Especially beneficial for professionals involved in the care of young adults with early onset type 2 diabetes. (Source: EDEN)	
<b>Management of CKD in type 2 diabetes: a tiered approach</b>	A collaborative approach between primary and secondary care based on risks of kidney disease progression and cardiovascular disease. From ABCD and UKKA. (Source: <a href="#">Diabetic Medicine</a> )	
<b>End-of-life guidance for diabetes care</b>	Updated and expanded guidance summarising the major clinical problems that individuals with diabetes may face at the end of life and how these are best managed. (Source: Trend Diabetes)	

## Research: Quick reads

<b>Diabetes Distilled: UKPDS at 44 years</b>	Summary of the latest follow-up findings from this landmark study. (Source: <i>Diabetes &amp; Primary Care</i> )	
<b>Once-weekly insulin efsitora alfa shows promise in type 2 diabetes; additional evaluation needed in type 1 diabetes</b>	Summary of the findings from the QWINT-2 and QWINT-5 phase 3 safety and efficacy trials. (Source: <i>Journal of Diabetes Nursing</i> )	

## Research: Articles

<b>Estimation of the direct health and indirect societal costs of diabetes in the UK using a cost of illness model</b>	Analysis of the direct cost of diabetes to the UK health system. (Source: <i>Diabetic Medicine</i> )	
<b>Technology advances in diabetes pregnancy: right technology, right person, right time</b>	Review of the recent advances in diabetes technology, which are transforming the management of type 1 diabetes before, during and after pregnancy. Includes an overview of hybrid-closed loop systems. (Source: <i>Diabetologia</i> )	
<b>Technology in the management of diabetes in hospitalised adults</b>	Overview of current evidence related to diabetes technology use in non-critical care adult inpatient settings. Includes a review of current guidelines on adult diabetes inpatient management. (Source: <i>Diabetologia</i> )	
<b>Early findings from the NHS Type 2 Diabetes Path to Remission Programme</b>	Real-world remission rates and weight loss in participants with type 2 diabetes on a total diet replacement programme. (Source: <i>The Lancet: Diabetes &amp; Endocrinology</i> )	
<b>Younger-onset compared with later-onset type 2 diabetes: UKPDS with up to 30 years of follow-up</b>	Younger age at diagnosis associated with a higher risk of incident diabetes-related complications, excess mortality, and persistently poorer glycaemic control. (Source: <i>The Lancet: Diabetes &amp; Endocrinology</i> )	
<b>Personal light exposure patterns and incidence of type 2 diabetes</b>	The risk of developing type 2 diabetes in people exposed to brighter night light. (Source: <i>The Lancet: Regional Health Europe</i> )	
<b>Amputation inequalities across a large metropolitan area of England and effect of a 'high-risk' rather than 'diabetes-only' multidisciplinary approach to lower-limb wound care</b>	Amputation prevalence is higher in men and in people with diabetes. A wound care approach based on "high-risk", and not on "diabetes-only", was associated with an overall 42% reduction in amputation numbers. (Source: <i>The Diabetic Foot Journal</i> )	

## Report

### Reverse the trend: Reducing type 2 diabetes in young people

Recommendations for the practical and achievable steps needed to reduce the harm and reverse the rising trend in rising type 2 diabetes.

(Source: Diabetes UK)



## Capabilities framework

### Primary Care & General Practice Nursing Career and Core Capabilities Framework

A comprehensive guide on how to effectively apply the educational and clinical resources within the Framework.

Includes **diabetes educational resources** for general practice and primary care nurses.

(Source: Skills for Health)



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**Citation:** Brake J, Milne N (2024) What's hot in diabetes nursing? November 2024. *Journal of Diabetes Nursing* **28**: JDN346

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