



Diabetes & Dementia

Dementia in people with diabetes: Resources and support

The following resources may help healthcare professionals managing dementia in people with diabetes.
Please note that the links were accessed in January 2022.

Modules and resources available from the Primary Care Diabetes Society (PCDS)

Diabetes and older people: Community care - Module 1.
Available at www.pcdsociety.org/course/diabetes-and-older-people-community-care-module-1/details

Diabetes and older people: Community care - Module 2.
Available at www.pcdsociety.org/course/diabetes-and-older-people-community-care-module-2/details

PCDS question time: Prescribing guidance in primary care.
Available at diabetesonthenet.com/diabetes-primary-care/pcds-question-time-prescribing-guidance-primary-care/

How to manage diabetes in later life. Available at
<https://diabetesonthenet.com/diabetes-primary-care/how-manage-diabetes-later-life/>

COVID-19: How to switch from twice-daily to once-daily basal insulin. Available at <https://diabetesonthenet.com/journal-diabetes-nursing/covid-19-how-switch-twice-daily-once-daily-basal-insulin-june-revision/>

Assessment and diagnosis: people with suspected dementia, their family or caregivers

Alzheimer's Society. Dementia tests and the assessment process. Available at www.alzheimers.org.uk/about-dementia/symptoms-and-diagnosis/diagnosis/assessment-process-tests

NHS. Tests for diagnosing dementia. Available at www.nhs.uk/conditions/dementia/diagnosis-tests/

Assessment and diagnosis: healthcare professionals

Cooper S and Greene JDW. The clinical assessment of the patient with early dementia. *Journal of Neurology, Neurosurgery & Psychiatry* 2005;76:v15-v24. Available at jnp.bmj.com/content/76/suppl_5/v15

Kochhar S. Assessing dementia. *Independent Nurse* March 2017. Available at www.independentnurse.co.uk/clinical-article/assessing-dementia/152984/

NICE Clinical Knowledge Summaries. How should I assess a person with suspected dementia? Available at cks.nice.org.uk/topics/dementia/diagnosis/assessment/



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Delegation of insulin: documentation

Diabetes UK. A voluntary framework for community teams who administer insulin to patient. Available at www.diabetes.org.uk/Professionals/Resources/shared-practice/pharmacy-and-medicines/delegation-of-insulin-administration

Additional resources for older people with diabetes

Diabetes UK. Older people and diabetes. Available at www.diabetes.org.uk/guide-to-diabetes/older-people-and-diabetes

British Geriatrics Society (available at www.bgs.org.uk/topics/nice-guidelines) includes guidelines and learning resources on topics such as:

- Dementia
- Delirium
- Frailty
- Mental health
- Drugs and prescribing
- Advanced care planning

Further reading on managing diabetes in people with frailty, including dementia:

Hambling CE, Khunti K, Cos X et al. Factors influencing safe glucose-lowering in older adults with type 2 diabetes: A PeRsOn-centred ApproaCh To IndiVidualisEd (PROACTIVE) Glycemic Goals for older people: A position statement of Primary Care Diabetes Europe. *Primary Care Diabetes* 2019;13:330-352. Available at [www.primary-care-diabetes.com/article/S1751-9918\(18\)30300-0/fulltext](http://www.primary-care-diabetes.com/article/S1751-9918(18)30300-0/fulltext)

Strain WD, Down S, Brown P et al. Diabetes and frailty: an expert consensus statement on the management of older adults with type 2 diabetes. *Diabetes Therapy* 2021;12:1227–1247. Available at link.springer.com/article/10.1007/s13300-021-01035-9

Guidelines based on the above: Diabetes and frailty: guidance on the management of older adults with type 2 diabetes. Available at www.guidelines.co.uk/algorithms/diabetes-and-frailty-guidance-on-the-management-of-older-adults-with-type-2-diabetes/455859.article