



PCDS Entry-Level Module Series

Measuring cholesterol levels



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PCDS

Primary Care Diabetes Society

Assessment answers

Question 1

Which one of the following statements is correct?

The total cholesterol level...

1. Is all that is important
2. Can only be done on a fasted sample
3. Is always constant
4. **Should include a lipid profile**

Question 2

Which one of the following statements is correct?

1. HDL is beneficial cholesterol and LDL is harmful
2. HDL is harmful cholesterol and LDL is beneficial
3. Elevated triglycerides only confer a risk of pancreatitis
4. LDL is the most important parameter to measure

Question 3

Which one of the following statements is correct?

Current treatment of lipids does not include...

1. Lifestyle advice that includes diet and activity
2. **Statin therapy for all**
3. Statin therapy if aged over 40 years with diabetes
4. Statin therapy if diabetes is present for > 20years

Question 4

Which one of the following statements is correct?

1. All statins are similar in efficacy
2. If a person has intolerance to one statin, they are likely to have problems with all the statins
3. Statins reduce cholesterol and glucose
4. Statins have other actions to reduce heart disease and stroke over and above cholesterol lowering