

## Box 1. Notifiable conditions (see [INF188/2](#) and [INF294](#) leaflets)

By law, Group 1 drivers **must notify the DVLA** if they:

- Need treatment with insulin.
- Have more than one episode of severe hypoglycaemia while awake within the last 12 months, or if they or their medical team believe they are at high risk of developing severe hypoglycaemia. **For Group 2 drivers, any episode of severe hypoglycaemia must be reported immediately.**
- Develop impaired awareness of hypoglycaemia.
- Develop severe hypoglycaemia while driving.
- Need laser treatment in both eyes, or in the remaining eye if sight in only one eye.
- Have problems with vision in both eyes, or in the remaining eye if sight in only one eye. All drivers need to be able to read a car number plate in good daylight at 20 metres, with glasses or contact lenses if needed. Visual acuity must be at least

6/12 (0.5 decimal) with both eyes open, or in the one eye if monocular vision, with glasses or contact lenses if needed.

- Develop problems with circulation or sensation in the legs or feet restricting the types of vehicle they can drive safely.
- Have an existing medical condition that gets worse or develop another condition that may affect driving safely, including syncope, heart conditions (including atrial fibrillation and pacemakers), sleep apnoea, epilepsy, stroke or glaucoma.

**Note:** Group 1 drivers treated with temporary insulin **do not need** to notify the DVLA provided they remain under medical supervision, are not advised that they are at increased risk of disabling hypoglycaemia and their treatment does not continue for more than 3 months, or, in the case of gestational diabetes, for more than 3 months post-delivery. **Group 2 drivers must notify the DVLA.**