

**Table 2. DVLA guidelines on sulfonylurea use and driving.<sup>5</sup>**

**Group 1 (cars and motorcycles)**

**May drive** and **need not** notify DVLA, provided that:

- No more than one episode of severe hypoglycaemia while awake in the last 12 months and the most recent episode occurred more than 3 months ago
- Appropriate glucose monitoring takes place at times relevant to driving
- Under regular medical review

If the above requirements and those set out in [INF188/2](#) are met, DVLA need not be informed.

DVLA must be notified if clinical information indicates the agency may need to undertake medical enquiries.

**Group 2 (buses and lorries)**

**May drive** but **must notify DVLA**. All the following criteria must be met for DVLA to issue a licence for 1, 2 or 3 years:

- No episode of severe hypoglycaemia in the last 12 months
- Full awareness of hypoglycaemia
- Regular self-monitoring of blood glucose – at least twice daily and at times relevant to driving (i.e. no more than 2 hours before the start of the first journey and every 2 hours after driving has started)
- Demonstrates an understanding of the risks of hypoglycaemia
- Has no disqualifying complications of diabetes that mean a licence will be refused or revoked, such as visual field defect