

Taking it forward to the future: Finally a new direction

DoubleTree by Hilton, Glasgow | 29 October 2024



17th SCOTTISH CONFERENCE OF THE PCDS
Primary Care Diabetes Society



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Taking it forward to the future: Finally, a new direction

29 October 2024, DoubleTree by Hilton, Glasgow Central

08:00–08:55 **Registration, refreshments and exhibition viewing**

08:55–09:00 **Chairs' welcome**

09:00–09:45 **Symposium sponsored by Lilly**

09:45–10:15 **Session 1** – New medicines: The present and future

Hannah Beba

- Effects on glucose, weight, macrovascular and microvascular outcomes
- Prescribing according to the evidence and guidelines
- What's in the pipeline?

10:15–10:45 **Session 2** – Debate: Triple therapy – do you treat to HbA_{1c} or secondary outcomes?

Kashif Ali & Naresh Kanumilli

- Is SIGN advice out of date?
- Lower the HbA_{1c}, lower the risk
- Beyond glycaemia: Holistic prescribing for multiple long-term conditions

10:45–11:10 **Refreshments and exhibition viewing**

11:10–11:40 **Session 3** – AI prescribing: Let's go off-piste. Clinician versus machine

Chris Sainsbury

- Supporting management of multiple conditions
- Supporting the non-specialist clinician
- Soft skills
- Medicolegal issues

11:40–12:15 **Outstanding Contribution Award – 100 years of hypoglycaemia**

Brian Frier

12:15–13:00 **Symposium sponsored by AstraZeneca**

13:00 –13:50 **Lunch and exhibition viewing**

13:50 –14:30 **Masterclass rotation 1**

Masterclass 1: CGM made simple

Nicola Milne & Su Down

- Who is eligible?
- What do we need to know when prescribing?
- Data analysis made easy

Masterclass 2: Cancer and diabetes

Paul Newman & Sheena Fraser

- Bidirectional links between cancer and diabetes
- Best practice diabetes management in people with cancer
- Preparing for chemotherapy

Masterclass 3: Complex cases: We could do better

Lyndsey McConnell

- DVLA guidance for PLWD- who should test and when
- Sick day guidance- When and what to stop and when to restart
- Contraception- key considerations in contraceptive choices

Masterclass 4: Obesity management and strategies

Samina Ali

- Knowing your local pathways
- 10-minute diet advice
- Targeting weight loss from type 2 diabetes diagnosis
- New pharmacotherapies

14:30–14:35 **Masterclass change-around**

14:35–15:15 **Masterclass rotation 2**

15:15–15:40 **Tea, coffee and exhibition viewing**

15:40–16:10 **Session 4 – Lipids: How low do you go?**

Naveed Sattar

What do the guidelines say?

- Modification through lifestyle
- Statins, intolerance and monitoring
- The role of newer therapies

16:10–16:40 **Session 5** – Diabetes Distilled – The latest news and updates in primary care diabetes

Pam Brown

16:40–16:45 **Summary and close**